

Guest Lecture on **Mantra for Life-management** on 27-12-2014

- 1) ISHRAE Student chapter of LBRCE & Mechanical department organized a guest lecture on “**Mantra for Life-management**” on 27-12-2014.
- 2) Head of the department Dr.K.Appa Rao welcomed all the ISHRAE Student members and Faculty.
- 3) The chief guests for this event are Mr.R.V.S.S Prasad-National Vice-chair- ISHRAE Deccan Chapter, Mr.B.Satish kumar-President, ISHRAE Deccan Chapter, Mrs. Sandhya Chandrasekhar, Psychologist graced the event.
- 4) Chief guests Mr.R.V.S.S Prasad and B.satish Kumar explained the students about the various recent technologies available in HVAC sector .
- 5) Other guest Mrs. Sandhya Chandrasekhar, Psychologist explained students the following points
 - a) various steps to be followed for life management
 - b) Handling stresses in various issues
 - c) Handling stresses in Academics
 - d) How to relieve Tensions in daily life.

Faculty Coordinators

- 1) V.Dhanaraju, Sr Assistant Professor
- 2) A.Naresh Kumar, Assistant Professor

